# NH Commission on the Status of Women's 19th Annual High School Athletic / Academic Award Recipients

# Alvirne High School, Hudson

Danene Balint - Cross Country; Tennis Katelyn Haggerty - Cross Country; Winter Track Crystal Landry - Fall Spirit; Winter Spirit Kendra Levesque - Winter Track; Spring Track Brittany Puleo - Soccer; Winter Track Courtney Stratton - Volleyball; Basketball

# Belmont High School, Belmont

Chelsi Coulombe - Soccer; Basketball Rachel Eades - Soccer; Basketball Lori Kjellander - Soccer; Basketball Drew O'Connor - Soccer; Basketball Ebony Phillips - Soccer; Softball

# Berlin High School, Berlin

Kathryn Blais - Basketball; Softball Kassie Couture - Basketball; Field Hockey Sarah Lamirande - Field Hockey; Spirit Caitlin Ramsey - Basketball; Tennis Heidi Roy - Basketball; Field Hockey

# Bishop Brady High School, Concord

Caitlin Barbarita - Soccer; Tennis
Katherine Bourque - Basketball; Lacrosse
Kate Casey - Field Hockey; Lacrosse
Stephanie Cross - Field Hockey; Softball
Johanna Deris - Fall Spirit; Winter Spirit
Hope Fortier - Fall Spirit; Softball
Kayla Gros-Jean - Fall Spirit; Winter Spirit
Juliet Leeming - Field Hockey; Track & Field
Shannon Milsop - Field Hockey; Tennis
Anna Moffett - Fall Spirit; Winter Spirit
Chelsea Proulx - Field Hockey; Softball

Jennifer Sansom - Skiing; Tennis Meghan Uliasz - Soccer; Skiing Sarah Vachon - Basketball; Tennis

# Bishop Guertin High School, Nashua

Kate Barowski - Soccer; Track

Angelina Berube - Ice Hockey; Lacrosse

Blair Condon - Cross Country; Indoor Track

Anjuli Demers - Soccer; Track & Field

Katherine DuPre' - Soccer; Track

Melanie Farbotko - Volleyball; Track

Erin Gormley - Fall Cheerleading; Winter Cheerleading

Kirsten Green - Cross Country; Spring Track

Jamie Herther - Spring Track; Cross Country

Laura Humen - Soccer; Track

Carolyn Husovsky - Cross Country; Indoor Track

Emily Ann Karaska - Lacrosse; Hockey

Danielle LaFleur - Spirit; Outdoor Track

Maureen McCabe - Fall Cheerleading; Winter Cheerleading

Caitlin McDonnell - Cross Country; Outdoor Track

Alicia Perry - Cheerleading; Lacrosse

Christina Peterson - Lacrosse; Soccer

Meghan Rocha - Indoor Track; Outdoor Track

Carol-Ann Schneider - Basketball; Outdoor Track & Field

Elisa Synborski - Basketball; Volleyball

Erin Timmeny - Volleyball; Lacrosse

Erica Yankowskas - Fall Cheerleading; Winter Cheerleading

# Bow High School, Bow

Jessica Andrew - Cross Country; Tennis

Gretchen Andrus - Cross Country; Track & Field

Casey Bessette - Cross Country; Track & Field

Julie Czerepak - Cross Country; Tennis

Caitlin Fellows - Field Hockey; Nordic Skiing

Sara Hartley - Field Hockey; Lacrosse

Bridget Haubrich - Field Hockey; Track & Field

Heather Lothrop - Field Hockey; Lacrosse

Katheryn McMicken - Gymnastics; Track & Field

Molly Morrow - Field Hockey; Alpine Skiing

Katelyn Nerbonne - Field Hockey; Basketball

Laura Obolewicz - Gymnastics; Softball

Emily Patch - Soccer; Basketball

Emily Perkins - Soccer; Lacrosse

Brittany Phelps - Soccer; Tennis

Samantha Senechal - Fall Spirit; Winter Spirit

Chanteclaire Swett - Basketball; Track & Field

### Campbell High School, Litchfield

Danielle Bowen - Soccer; Softball

Taylor Brown - Volleyball; Outdoor Track

Laura Fuller - Soccer; Basketball

Casey Haynes - Fall Spirit; Winter Spirit

Caitlin Kelly - Soccer; Softball

Cassandra Shultz - Winter Spirit; Softball

### Coe-Brown Northwood Academy, Northwood

Lauren E. Berger - Cross Country; Track and Field

Heidi A. Caron - Basketball; Softball

Meghan Gahm - Volleyball; Spirit Squad

Victoria Gellatly - Soccer; Softball

Ashley J. Gentile - Soccer; Track & Field

Amie S. Lank - Spirit Squad; Track & Field

Holly N. Peterson - Volleyball; Spirit Squad

Devin Zylak - Volleyball; Basketball

#### Colebrook Academy, Colebrook

Amy Fothergill - Soccer; Basketball

Jessica Frizzell - Soccer; Softball

Catrina Howland - Soccer; Basketball

Meghan Knapper - Soccer; Softball

Lenaya LeMoine - Soccer; Softball

Kayla Soucy - Soccer; Softball

Jazmin Stevens - Soccer; Softball

#### Conant High School, Jaffrey

Whitney Despres - Swim Team; Field Hockey

Cheyanne Olson - Soccer; Spirit

Jenna Padeni - Soccer; Softball

Jesslyn Thomas - Track & Field; Cross-Country Skiing

Jessica Wood - Softball; Indoor Track

#### Concord High School, Concord

Sarah Andersen - Lacrosse; Soccer

Anna Barnwell - Swimming; Lacrosse

Johanna Barry - Field Hockey; Indoor Track

Ariana Marie Bass - Indoor Track; Outdoor Track

Carissa Black - Cross Country; Indoor Track

Caitlin Donohue - Cross Country Skiing; Spirit

Rachael Landry - Volleyball; Basketball

Jessica Lanney - Indoor Track; Outdoor Track

Elizabeth Leberman - Volleyball, Alpine Skiing

Emma Maxwell McClure Lehman - Nordic Skiing; Tennis

Jennifer Mdurvwa - Indoor Track; Outdoor Track

Kathleen Moffett - Soccer; Softball

Hillary St. John - Cross Country; Outdoor Track & Field

Leah Stacey - Fall Spirit; Winter Spirit

### Con-Val Regional High Sch, Peterborough

Caroline Whitney Barrnett - Soccer; Tennis

Samantha Connell - Cross Country; Track & Field

Miranda Huntley - Soccer; Gymnastics

Allegra M. Hyde - Cross Country; Tennis

Mira Kohl - Lacrosse; Soccer

Laura Anne Sullivan La Plante - Cross Country; Spring Track

Alaina Lasalle - Field Hockey; Basketball

Kathleen McKernan - Basketball; Softball

Amanda Quinlan - Cross Country; Basketball

Samantha Waite - Softball; Field Hockey

# Derryfield School, Manchester

Chiara Arcidy - Fall Crew; Spring Crew

Victoria Benech - Tennis; Field Hockey

Jennifer Cox - Soccer; Lacrosse

Emily Monty - Fall Crew; Spring Crew

Kristen Moran - Field Hockey, Lacrosse

Nathalie Morison - Lacrosse; Crew Katherine Myers - Soccer; Lacrosse Nicole Nijhuis - Fall Crew; Spring Crew Catherine Platt - Cross Country Running; Tennis Isabel Plourde - Soccer; Lacrosse Kate Richey - Field Hockey; Nordic Skiing Anna Sims - Cross Country; Soccer

### Dover High School, Dover

Kailah Al-Darraji - Soccer; Basketball
Catherine Casey - Basketball; Soccer
Lauren Danie - Cross Country; Basketball
Elizabeth Fletcher - Soccer; Softball
Heather Kane - Cross Country; Spring Track
Kristy King - Lacrosse; Winter Track
Jossalyn Martins - Field Hockey; Lacrosse
Sarah Phetteplace - Cross Country; Winter Track
Caitlin Ruocco - Basketball; Lacrosse
Stephanie Servetas - Soccer; Spring Track
Scarlett Silver - Winter Track; Spring Track
Carys Wilkins - Fall Cheering; Lacrosse
Samantha Zuchowski - Soccer; Spring Track

# Epping High School, Epping

Ashley Fiore - Soccer; Basketball

### Exeter High School, Exeter

Tisha Achorn - Soccer; Softball
Laura Barber - Soccer; Outdoor Track
Sarah Buck - Field Hockey; Track & Field
Kristen Davis - Soccer; Outdoor Track
Christina Dufour - Volleyball; Swimming
Heather Macnaughton - Soccer; Indoor Track
Patricia Maher - Soccer; Softball
Emily Porter - Indoor Track; Outdoor Track

# Fall Mountain High School, Langdon

Molly Brunelle - Soccer; Basketball Lindsey Lee Ann Cushing - Basketball; Softball Ashley Lauren Greene - Soccer; Softball Brittany B. Stanley - Soccer; Softball Karlie Ann Zurmuhlen - Soccer; Basketball

#### Franklin High School, Franklin

Cassie Dorval - Volleyball; Softball Emily Kaplan - Soccer; Softball Kelsey Middleton - Field Hockey; Basketball

# Gilford High School, Gilford

Alicia Bean - Basketball; Volleyball Molly Belanger - Soccer; Track & Field Kaitlyn Korber - Field Hockey; Basketball

# Goffstown Area High School, Goffstown

Carla Bishop - Cheerleading; Softball
Angela Bouchard - Winter Spirit; Fall Spirit
Brittany dePinquertaine - Field Hockey; Tennis
Venessa DeYoung - Winter Track; Spring Track & Field
Anne Louise Dignard - Cross Country; Indoor Track
Heather Sheila Emerson - Track & Field; Field Hockey
Kaitlin Koffink - Field Hockey; Softball
Ashley Lafond - Soccer; Track
Taryn Murphy - Soccer; Basketball
Brittany Todd - Soccer; Track & Field
Sarah Grace Tostevin - Fall Spirit; Winter Spirit
Jaclyn Wall - Soccer; Basketball

# Gorham High School, Gorham

Brianna L. Bunch - Soccer; Basketball Kelly Griffin - Field Hockey; Nordic Skiing Christa Doris Ramsey - Soccer; Basketball Diana L. Ruppel - Soccer; Basketball Colleen Weathers - Field Hockey; Skiing

# Hanover High School, Hanover

Jenna Bendett - Winter Track; Spring Track Conner Brannen - Soccer; Ice Hockey Jennifer Brentrup - Cross County Skiing; Cross Country Teal Carroll - Basketball; Lacrosse Rita Ciambra - Soccer; Winter Track Chelsea Dodds - Field Hockey; Ice Hockey Chelsey Hoh - Cross Country; Ice Hockey Jennifer Houser - Field Hockey; Lacrosse Elizabeth Williams - Cross Country; Basketball Elyse Williamson - Cross Country; Spring Track

# Hillsboro-Deering High School, Hillsboro

Jessica Bailey - Soccer; Spirit Samanta Chickering - Volleyball; Softball Brenna Donoghue - Soccer; Basketball Sadie Nazer - Basketball; Soccer

# Holderness School, Plymouth

Ashley Babcock - Soccer; Eastern Alpine Skiing
Casey Gilman - Field Hockey; Eastern Alpine Skiing
Hannah Hallock - Cross Country; Softball
Lauren Henchey - Soccer; Basketball
Molly Nissi - Field Hockey; Tennis
Anna Parrott - Soccer; Basketball
Anne Richardson - Field Hockey; Basketball
Blair Thompson - Hockey; Lacrosse

#### Hollis Brookline School, Hollis

Jessica Beaulieu - Cross Country; Spring Track
Deborah Bonfanti - Field Hockey; Basketball
Erin Flaherty - Volleyball; Track & Field
Amanda Giglio - Field Hockey; Lacrosse
Shannon Gill - Field Hockey; Swimming
Tracy Gray - Soccer; Softball
Natalie Harvey - Cross Country; Indoor Track
Jackie Hodgson - Field Hockey; Softball
Heather Johns - Swimming; Tennis
Mallory Levine - Skiing; Lacrosse
Vanessa Lovering - Soccer; Basketball
Kim Mook - Soccer; Swimming
Dylan Saunders - Soccer; Basketball
Kara Schneider - Lacrosse; Cross Country

#### Kim Spargo - Soccer; Indoor Track

### Hopkinton High School, Contoocook

Meredith Astles - Field Hockey; Track & Field Sarah Brown - Nordic Ski; Track & Field Sara Crane - Soccer; Lacrosse Jacqueline DelGuidice - Soccer; Track & Field Adrienne Jalbert - Field Hockey; Track & Field

Kaitlin Minnehan - Soccer; Softball Emily Tower - Alpine Ski; Softball

### Inter-Lakes High School, Meredith

Victoria Goodheart - Track & Field; Gymnastics Megan Rice - Girls Soccer; Cross Country

# John Stark Regional High School, Weare

Kari Bolton - Field Hockey; Lacrosse
Kristina Brown - Soccer; Skiing
Charlotte Brown - Field Hockey; Skiing
Erica Colburn - Volleyball; Track
Laura Getts - Field Hockey; Swimming
Stephanie Ludwig - Soccer; Indoor Track
Katie Martin - Cross Country; Track
Liz Richardson - Indoor Track; Outdoor Track
Rachel Titcomb - Soccer; Basketball
Leigh Warner - Soccer; Lacrosse
Meaghan Wells - Skiing; Lacrosse

# Kearsarge Regional High School, North Sutton

Rosemary Bateman - Cross Country; Track & Field Hannah Clarke - Field Hockey; Basketball Ellen Goodall - Cross Country; Track Karrie Hanson - Soccer; Softball Hannah Henley - Tennis; Soccer Kara Kelly-Martin - Field Hockey; Swimming Rachel Kelly-Martin - Cross Country; Lacrosse Heather Kinsman - Cross Country; Spirit Squad Megan Moore - Cross Country; Track Catherine Newkirk - Cross Country; Track

Jenna Parmenter - Field Hockey; Lacrosse Michelle Spencer - Field Hockey; Lacrosse

### Keene High School, Keene

Katelyn Coutts - Basketball; Softball
Caitlin Dowley - Field Hockey; Lacrosse
Valerie Driscoll - Soccer; Basketball
Amy Hebert - Basketball; Tennis
Kathryn Helin - Field Hockey; Swimming/Diving
Megan Hilton - Fall Spirit; Winter Spirit
Erin Kyle - Cross Country; Track
Karyn Norwood - Cross Country; Track
Erika Wright - Field Hockey; Lacrosse

#### Kennett High School, Conway

Phoenix Bell - Volleyball; Tennis
Marianna Brotherton - Field Hockey; Skiing
Ashley Huntington - Skiing; Tennis
Aliana Junge-Dennison - Soccer; Basketball
Kim Lindahl - Skiing; Track
Kira MacDonald - Volleyball; Tennis
Kristen McKay - Soccer; Basketball
Meaghan Murphy - Cross Country; Track
Abby Nichols - Tennis; Skiing
Elizabeth Ronty - Field Hockey; Tennis
Mariah Wilcox - Field Hockey; Softball

# Kingswood Regional High School, Wolfeboro

Elizabeth Helfer - Nordic Skiing; Track & Field Elizabeth Hill - Cross Country; Track & Field Deanna Saltmarsh - Nordic Skiing; Track & Field Cara Lynn Wons - Soccer; Track & Field

# Laconia Christian School, Laconia

Lenore Bassett - Volleyball; Basketball

# Laconia High School, Laconia

Melissa Anderson - Field Hockey; Basketball Bridget Cass - Swimming; Softball Alisha Crete - Soccer; Basketball Samantha Lachance - Field Hockey; Winter Spirit

Brittany Pinkham - Field Hockey; Lacrosse

Rebecca Stillings - Fall Spirit; Winter Spirit

# Lebanon High School, Lebanon

Ashley Hartford - Track & Field; Cheerleading

Danielle Haselton - Cross Country; Ice Hockey

Emily Hegel - Soccer; Ice Hockey

Bethany Ladd - Soccer; Lacrosse

Susannah Matthews - Soccer; Track & Field

Barbara McCarragher - Cross Country; Lacrosse

Dana Peterson - Lacrosse; Cross Country Skiing

Ashley Quadros - Field Hockey; Cross Country Skiing

Samantha Saunders - Cross Country; Lacrosse

Kristina Schwarz - Field Hockey; Tennis

Amanda Valliere - Field Hockey; Ice Hockey

#### Lin-Wood Public School, Lincoln

Kelsee Beaudin - Soccer; Softball

Kelsi Lessard - Basketball; Softball

# Lisbon Regional High School, Lisbon

Kristyna Champagne - Soccer; Basketball

Amy Johnson - Soccer; Basketball

Tatum Langelier - Soccer; Softball

Emily Allison Locke - Basketball; Softball

# Littleton High School, Littleton

Kate Brammer - Soccer; Tennis

Shayna Fiske - Soccer; Basketball

Cassandra Saikin - Cross Country; Basketball

Amber White - Soccer; Basketball

# Londonderry High School, Londonderry

Erin Lynne Berger - Fall Cheerleading; Winter Cheerleading

Amanda Beth Cornelissen - Cross Country; Swimming

Amanda Jeanne Fisher - Fall Cheerleading; Winter Cheerleading

Renee Helen Harkins - Track; Indoor Track

Alexandria Marie Hayes - Swimming; Track

Colleen Law - Cross Country; Track

Kendra Mangano - Basketball; Track Sara Nicole Nader - Field Hockey; Softball Erica Neverman - Field Hockey; Indoor Track Kaleigh Lauren Schwalbe - Field Hockey; Indoor Track

### Manchester Central High School, Manchester

Michelle Allard - Spring Track; Nordic Skiing Lindsay Taylor Butenhof - Track & Field; Nordic Skiing Mary Casinghino - Cross Country; Swimming Casey Godbout - Winter Track; Spring Track Elizabeth Laferriere - Field Hockey; Track Brittany Norton - Field Hockey, Basketball Susan St. Pierre - Spring Track; Winter Track

### Manchester Memorial High School, Manchester

Christina Marie Bourbeau - Outdoor Track; Field Hockey
Rachael M. Casoni - Cross Country; Outdoor Track
Jocelyn Collins - Field Hockey, Softball
Lauren DiNatale - Volleyball; Indoor Track
Danielle Marie Foley - Volleyball; Indoor Track
Olivia Gamelin - Swimming; Tennis
Erin Gatsas - Gymnastics; Field Hockey
Abagail Kramer - Cross Country; Outdoor Track
Amanda Monohon - Volleyball; Basketball
Samantha Lynn Parent - Indoor Track; Outdoor Track
Alicia Prindville - Swimming; Outdoor Track
Briana Sapienza - Cross Country; Outdoor Track

# Manchester West High School, Manchester

Brenna Hagy - Field Hockey; Tennis

# Mascenic Regional High School, New Ipswich

Annaca Donaldson - Field Hockey; Track Melissa Matson - Field Hockey; Basketball

# Merrimack High School, Merrimack

Megan Abad - Volleyball; Track Melinda Daigle - Soccer; Track Katie Diggins - Volleyball; Basketball Kelly Forster - Soccer; Spring Track Kellie Goodridge - Soccer; Basketball Samantha Hafley - Spirit; Spring Track Juliana Hartley - Soccer; Spring Track Allison Kanakis - Cross Country; Track Chelsea McCosh - Field Hockey; Lacrosse Tara Passwaters - Soccer; Basketball Julie Reen - Spirit; Track Kelsey Roy - Field Hockey; Lacrosse Jade Schwalbe - Swimming; Gymnastics Julie Sousa - Cross Country; Track

#### Merrimack Valley High School, Penacook

Jess Curry - Field Hockey; Lacrosse Hannah Kay Hochrein - Soccer; Track Chelsae Laura Meier - Soccer; Track Paige Pendleton - Softball; Indoor Track Samantha Ellen Rheaume - Soccer; Softball Katrina Winters - Soccer; Spring Track

#### Milford High School, Milford

Emily DiPalma - Soccer; Outdoor Track
Jeanine Foley - Soccer; Outdoor Track
Larissa Forte - Soccer; Outdoor Track
Pamela King - Fall Cheerleading; Winter Cheerleading
Stephanie Kokko - Volleyball; Tennis
Lisa McEttrick - Field Hockey; Basketball
Allega June Elizabeth Robinson - Soccer; Outdoor Track & Field
Emily Vaillette - Softball; Field Hockey
Felicia White - Indoor Track; Outdoor Track
Arianna Willett - Soccer; Indoor Track

# Monadnock Regional High School, East Swanzey

Samantha Gunseth - Soccer; Softball Kelli-Ann Monroe - Soccer; Basketball Ashley Stewart - Soccer; Basketball Mallory Tenney - Field Hockey; Softball Elizabeth Towle - Soccer; Basketball

# Moultonborough Academy, Moultonborough

#### Sarah Jones Smith - Volleyball; Skiing

#### Nashua High School North, Nashua

Renee Chaput - Cross Country; Winter Track

Lyra Rae Clark - Basketball; Track

Ashley Rose Flewelling - Cross Country; Skiing

Meghan Flynn - Soccer; Track & Field

Teri Hatch - Soccer; Track & Field

Ashley Levine - Cross Country; Spring Track

Ashley D. McKeone - Fall Cheerleading; Winter Cheerleading

Alexandria N. Powell - Soccer; Skiing

### Nashua High School South, Nashua

Jacqueline Bourgeois - Fall Cheerleading; Winter Cheerleading

Lauren Bradshaw - Soccer; Track and Field

Reema Chitalia - Cross Country; Track

Stefni Galipeau - Fall Spirit; Winter Spirit

Kimberly McAuliffe - Cross Country; Track and Field

Krista Oberholtzer - Cross Country; Track and Field

Danielle O'Connell - Fall Cheerleading; Winter Cheerleading

Caroline Sampson - Winter Track and Field; Spring Track and Field

Jaclyn Sullivan - Winter Track; Spring Track Vanessa Therrien - Field Hockey; Lacrosse

#### Newfound Regional High School, Bristol

Kelsey Watson - Field Hockey; Basketball

# Newmarket High School, Newmarket

Jackie Jordan - Soccer; Basketball

# Newport High School, Newport

Shelly Huneven - Soccer; Wrestling Manager

Rachel Jackson - Spirit; Field Hockey

Mali MacConnell - Scooer; Track & Field

Savannah Pifer - Spirit; Soccer

Abbie Randall - Soccer; Softball

# Oyster River High School, Durham

Samantha Brown - Soccer; Basketball

Nicole Casimiro - Track & Field; Basketball

Michelle Crothers - Soccer; Lacrosse

Kay Dallon - Cross Country; Lacrosse

Marisa Daniel - Cross Country; Indoor Track

Chelsea Evans - Soccer; Basketball

Megan McMahon - Indoor Track; Spring Track

Olivia Mullin - Soccer; Lacrosse

Sarah Roeder - Soccer; Spring Track

Jessica Roeder - Soccer; Lacrosse

Mollie Wills - Skiing, Lacrosse

### Pelham High School, Pelham

Samantha Bastoni - Softball; Field Hockey

Julie Connaster - Volleyball; Tennis

Ami K. Fuller - Volleyball; Lacrosse

Lauren Horgan - Soccer; Lacrosse

Meghan Lamontagne - Fall Baton; Winter Baton

Ashley Long - Fall Cheerleading; Winter Cheerleading

Amanda Pepin - Soccer; Indoor Track

### Pembroke Academy, Pembroke

Kaitlin Carroll - Soccer; Basketball

Allison Miner - Soccer; Basketball

Kathleen Moran - Soccer; Track & Field

Kelly Thomas - Track & Field; Basketball

Katherine Welcome - Soccer; Softball

Tabetha Xavier - Field Hockey; Tennis

### Pinkerton Academy, Derry

Elizabeth Curtin - Fall Cheerleading; Winter Cheerleading

Courtney Fawcett - Cross Country; Indoor Track

Toni Fields - Gynmastics; Track & Field

Colleen Ledbetter - Cross Country; Outdoor Track

Ashley Morgenstern - Cross Country; Indoor Track

Kayla Rossi - Gymnastics; Outdoor Track

Ashley Saliba - Cheerleading; Gymnastics

Erin Stevenson - Volleyball; Gymnastics

Katie Van Norstrand - Field Hockey; Swimming

# Pittsfield High School, Pittsfield

Ashley Rochelle Azotea - Soccer; Softball

Jodie Catalano - Soccer; Basketball Tiffany Lou Elliott - Soccer; Basketball Christina Hill - Volleyball; Basketball Stephanie J. Houle - Soccer; Softball Amber Adrianna Patterson - Soccer; Basketball Amy Lynn Tuttle - Soccer; Basketball

# Plymouth Regional High School, Plymouth

Chelsea Cushing - Field Hockey; Softball Medora Decoteau - Soccer; Track Kathryn Everts - Soccer; Skiing Elizabeth Kelley - Field Hockey; Tennis Allyssa Kilanowski - Field Hockey; Tennis Haley MacKeil - Soccer; Track Caitlin O'Connell - Soccer; Skiing

# Portsmouth High School, Portsmouth

Nora S. Happny - Field Hockey; Lacrosse Julie Irwin - Winter Track; Spring Track Alana Oudekerk - Cross Country; Winter Track Julie A. Pridham - Volleyball; Spring Track & Field Shannon Wilton - Winter Track; Spring Track

### Profile High School, Bethlehem

Rebecca Aaron-Albanese - Field Hockey; Alpine Skiing Anne Cowles - Field Hockey; Basketball Caitlin Cunningham - Golf; Tennis Erin Fletcher - Field Hockey; Alpine Skiing

# Raymond High School, Raymond

Caitlin A. Ahearn - Volleyball; Softball

# Rivendell Academy, Orford

Jessica Lefebvre - Soccer; Snowboarding

# Salem High School, Salem

Cassandra Abel - Field Hockey; Lacrosse Pamela Davies - Cross Country; Outdoor Track Caitlin Endyke - Soccer; Swimming Samantha Letizio - Cross Country; Softball Traci Lyons - Indoor Track; Outdoor Track Alayna Mender - Fall Spirit; Winter Spirit Kerri Phillips - Fall Spirit; Winter Spirit

Kelly Rincon - Soccer; Tennis

Jenna Vadala - Field Hockey; Gymnastics Samantha Waterman - Soccer; Gymnastics Colleen Wilson - Field Hockey, Lacrosse

# Sanborn Regional High School, Kingston

Gina Angelone - Field Hockey; Softball
Christy Ducharme - Soccer; Dance
Colleen Kennedy - Field Hockey; Tennis
Danielle LaPointe - Winter Track; Field Hockey
Melissa Palumbo - Dance; Soccer
Cassandra Stilson - Winter Spirit; Soccer
Kristen Voigt - Basketball; Softball

#### Somersworth High School, Somersworth

Alyssa Boutin - Field Hockey; Basketball Courtney Curtis - Field Hockey; Basketball Emily Desharnais - Field Hockey; Track Jennifer Gosselin - Field Hockey; Softball Heather Hauser - Field Hockey; Girl's Lacrosse Kayleigh Labrie - Field Hockey; Softball Jamie Lockett - Basketball; Soccer Elizabeth Stairs - Soccer; Track

# Souhegan High School, Amherst

Kerry Bisaccio - Field Hockey; Lacrosse Brittany Bolton - Field Hockey; Lacrosse Holly Davison - Field Hockey; Spring Track Shannon Doherty - Cross Country; Swimming Erin Egbert - Cross Country; Nordic Ski Rachel Elliott - Soccer; Swimming Jillian Galli - Field Hockey; Lacrosse Jennifer Horgan - Volleyball; Softball Meaghan Malloy - Field Hockey; Ice Hockey Julianne McNamara - Field Hockey; Lacrosse Chelsea Nahill - Cross Country; Swimming Vanessa Patten - Cross Country; Spring Track Caitlin Savo - Fall Spirit; Winter Spirit Shannon Stone - Soccer; Basketball Sarah Wilson - Cross County, Indoor Track Ashley Zuorski - Cheerleading; Swimming

### Spaulding High School, Rochester

Kristal Cormier - Volleyball; Softball Elizabeth Hoyt - Soccer; Tennis Nicole Levesque - Soccer; Lacrosse Kelly Reid - Basketball; Soccer Merrick Sawin - Soccer; Track

# St. Thomas Aquinas HS, Dover

Lauren Arcidi - Cross Country; Swimming
Sarah Blanchette - Soccer; Softball
Alison Brown - Ice Hockey; Lacrosse
Hilary Carroll - Field Hockey; Track
Margaret Foley - Cross Country; Swimming
Alison Fort - Field Hockey; Ice Hockey
Michelina Gabriel - Field Hockey; Basketball
Caryn MacDonald - Cross Country; Indoor Track
Jessica McAskill - Field Hockey; Softball
Patricia Monaco - Ice Hockey; Softball
Chelsea Perrin - Cross Country; Swimming
Sarah Roberts - Cross Country; Lacrosse
Gina Sparrow - Cross Country; Indoor Track

# Stevens High School, Claremont

Alayna Allard - Field Hockey; Tennis Bethany Ames - Soccer; Basketball Amanda Benware - Soccer; Basketball Paige Gauthier - Golf; Field Hockey Katie Kasaras - Field Hockey; Tennis Elizabeth May - Fall Spirit; Winter Spirit Danielle Miller - Softball; Basketball Elizabeth Miner - Fall Spirit; Winter Spirit Sarah Nelson - Field Hockey; Softball Kristen Poisson - Field Hockey; Tennis Stephanie Wyman - Soccer; Softball

# Stratford Public School, N. Stratford

Gwen Cook - Cross Country; Basketball Felicia Gilcris - Cross Country; Softball Aysa Walling - Cross Country; Basketball

# Sunapee High School, Sunapee

Caitlin Elizabeth Peck - Basketball; Volleyball

# Timberlane Regional High School, Plaistow

Kerry Coffey - Field Hockey; Lacrosse Lauren Desmond - Soccer; Winter Track Kirsten Fournier - Volleyball; Lacrosse Amanda Hackney - Fall Spirit; Winter Spirit Meghan Hatten - Field Hockey; Basketball

Carly Johnson - Basketball; Tennis

Julianne Laubner - Fall Cheerleading; Winter Cheerleading

Maureen Lundt - Soccer; Tennis Erica Millet - Volleyball; Ski Team

Brenna Mokray - Cross Country; Winter Track Allison Paull - Cross-Country; Winter Track

Emily SantaFe - Soccer; Basketball

Amy Schwarzenberg - Cross Country; WinterTrack

Fern Strasser - Volleyball; Tennis Hayley Traeger - Soccer; Winter Track

# Trinity High School, Manchester

Alexandria Chiesa - Fall Cheerleading; Winter Cheerleading

Heather Cirka - Cross Country; Swimming Lauren Duhaime - Soccer; Basketball Sara Kaladish - Cross Country; Spring Track Erin Pepin - Cross Country; Softball

Jennifer Pounds - Cross Country; Spring Track

Meredith Raczka - Skiing; Tennis

Abigail Whitcomb - Fall Cheerleading; Softball

# White Mountains High School, Whitefield

Felicia Brodeur - Soccer; Softball

Kristen Willey - Basketball; Softball

# Wilton-Lyndeborough High School, Wilton

Kathryn Draper - Soccer; Softball Sarah Hastings - Soccer; Track Lauren Morse - Soccer; Track Caroline Sanborn - Soccer; Basketball

# Winnacunnet High School, Hampton

Mallory Anderson - Field Hockey; Track & Field Allison Hamel - Field Hockey; Track & Field Kim Kerley - Field Hockey; Lacrosse Rachael Mainiero - Fall Cheerleading; Winter Cheerleading Andrea Vandersall - Field Hockey; Lacrosse

# Winnisquam Regional High School, Tilton

Melissa LaBranche - Field Hockey; Basketball Amanda Lowrey - Field Hockey; Softball Kelley Muraszko - Field Hockey; Spirit Erin Roark - Field Hockey; Softball Emily Rose - Gymnastics; Track & Field

# Woodsville High School, Woodsville

Stephanie Cataldo - Soccer; Softball Stacy J. Eastman - Alpine Skiing; Soccer Jennifer Elisabet Heels - Soccer; Skiing Jean Lin - Cheerleading; Track